# PP1 Hindu Religious Education

## Term 3 - 7 complete lesson plans

Ready to teach, in the KICD lesson-plan format | 30-minute lessons | PDF and editable Word

### ABOUT THIS PACK

7 complete, ready-to-teach PP1 Hindu Religious Education lesson plans for Term 3, covering simple Yoga postures and general etiquette.

### TOPICS IN THIS PACK

| Topic | Name | Lessons |
|---|---|---|
| 5.1 | Simple Yoga Postures | 4 |
| 6.1 | General Etiquette | 3 |

### INSIDE EVERY LESSON PLAN

- The specific learning outcomes, key inquiry question, core competencies, values and PCIs, and the resources needed.
- A timed lesson flow: what the teacher does and what the learners do, from introduction to summary.
- The key content (a worked example, notes or a practical with its expected results), then four practice questions with the answers for the teacher.
- The common mistake to watch for, and ideas for learners who need support and for those ready for more.
- A four-level CBC assessment rubric (EE, ME, AE, BE), homework, and a blank reflection space to fill in after teaching.

### A TASTE OF LESSON 1

**What is yoga?**

By the end of the lesson, the learner should be able to name body parts used in yoga

> **Yoga**
> Yoga is a practice of gentle postures (asanas) and calm breathing that helps the body and mind.
> Touch and name the parts we use: head, neck, arms, hands, back, tummy, legs and feet.

You also receive this pack as an editable Word file, so you can change any lesson to suit your class before you print it. Lessons follow the order of the KICD curriculum design.